



## Guiding Good Choices®

### Sessions:

How to Prevent Drug Use in Your Family

How to Develop Healthy Beliefs and Clear Standards

Avoiding Trouble: How to Say No to Drugs

Managing Conflict: How to Control and Express Your Anger Constructively

Involving Everyone: How to Strengthen Family Bonds

**This 4 week program is FREE, but you must register.**

This program is offered by the Howard County State's Attorney's Office and HC DrugFree in partnership with the Howard County Health Department

**Guiding Good Choices®** is an evidence-based, interactive prevention program that provides the families of children age 9-14 with the skills and knowledge to reduce the risk that their children will use drugs.

The program is for parents. Child(ren) age 9-14 are invited to attend the third session with their parents.

After completing the program, families will be able to:

**Influence** their children to help prevent drug use and other risky behaviors.

**Develop** clear family guidelines and expectations about drug use.

**Teach** children how to stay out of trouble, keep their friends and still have a good time.

**Dates:** Tuesdays, October 22, 29 and November 5, 12, 2019

**Time:** 5:30 p.m. – 8:00 p.m.

**Location:** Wilde Lake Middle School, 10481 Cross Fox Lane, Columbia 21044

**To register, click link below**

<https://www.surveymonkey.com/r/GGCOct2019>

**For more information,** contact Joan Webb Scornaienchi, Executive Director, HC DrugFree at 443-325-0040 or Admin@hcdrugfree.org.

**HCDrugFree**  
Empowering the Community